

K#

P#

Group Members		Absent on Lab day?
☺- Lab Leader		



# TACO CASSEROLE



## Ingredients:

1/2 lb. ground beef  
 1/2 green pepper, chopped  
 1/2 med. onion, chopped  
 1/4 C tomato sauce  
 2 t taco seasoning  
 1 c. Mozzarella cheese  
 1/2 c. Cheddar cheese  
 6 unbaked biscuits

Read through the directions/Ingredients and:

CIRCLE all of the equipment needed  
 UNDERLINE all of the cooking techniques

## Directions:

### Day 1:

1. Brown beef, onions, peppers and seasoning in a skillet on your stovetop. Remove from heat and stir in sauce.
2. In a **greased Casserole dish**, place biscuits along the bottom and sides and press into a thin crust.
3. Pour your cooked meat mixture on top of your crust.
4. Top with cheese (and other optional toppings).
5. Cover and label

### Day 2:

6. Bake at 350 degrees for 25 to 30 minutes.
7. EAT, enjoy and clean up!