

K#	P#
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Group Members		Absent on Lab day?
☺- Lab Leader		

Banana Bread

Ingredients:

- 1 c. Sugar
- ½ C. Butter, softened (1 stick)
- 2 Eggs, beaten well
- 2 c. Flour
- 1 tsp. baking soda
- ½ tsp. salt
- ½ c. sour cream
- 3 bananas, mashed
- Optional: 1 c. chocolate chips

Read through the directions/ingredients and:

CIRCLE all of the equipment needed

UNDERLINE all of the cooking techniques

Directions:

1. Preheat oven to 350 degrees
2. Mix together flour, baking soda, and salt. Set aside.
3. Cream sugar and butter well using the Kitchen aid paddle attachment.
4. Add beaten eggs to creamed mixture and mix well.
5. Add well mashed bananas & sour cream and mix again
6. Fold in flour mixture and chocolate chips (if desired). Put in well-greased loaf pan or muffin tins.
7. Bake for 45-55 minutes until golden brown and a toothpick inserted comes out clean
8. Leave a labeled (K# P#) piece of foil in your kitchen for teacher to cover with!